



Balance & harmony

DR JOHN FLYNN FROM QUEENSLAND SAYS LIPOSUCTION OFFERS AN EFFECTIVE SOLUTION FOR RESCULPTING THE BODY.

Balance and harmony are concepts which allow a good cosmetic reshaping of the figure. Too often people view liposuction as purely an avenue to remove bulky fat. While liposuction will indeed do this, the more important application is to create a pleasing body shape by removing particularly stubborn or noticeable fat deposits.

We all know that diet and exercise is good for us but we also know that this alone does not remove all of those unsightly bulges. Quite simply the body does not work that way. The vast majority of liposuction patients have worked hard on their figures and are sensible with their diet but still there is that stubborn fat. This is where liposuction works very well.

The procedure involves a process where fat is suctioned out with a fine instrument. It can be performed almost anywhere on the body where there are small pockets of fat, including the neck, arms, stomach, back, chest, buttocks, thighs and ankles. The focus is on gentle liposuction, in which case you do not require a general anaesthetic.

The butterfly effect

Winter is a good time to consider liposuction. We tend to wear heavier clothes which can certainly hide our bulges but also can disguise the fact that we have had undergone a cosmetic procedure.

But winter also holds a potential problem. As the cooler months approach there is nothing nicer than wrapping yourself up in warm clothes and indulging in tasty treats.

The trouble is that these little extras can lead to additional centimetres some of us could do without.

When we try to put on our favourite pair of jeans and realise we can't do up the zipper (and when we're a bit heavier than we'd like to be anyway), we may feel we've hit a mid-year crisis.

Instead of packing on the centimetres, consider shedding a few. By the time summer comes around you will have fully recovered from liposuction surgery and be ready to shed the heavier clothes and emerge to wow everyone. The butterfly effect!

BodyTite

Some newer techniques of liposuction involve the additional use of a laser, inserted into the fat deposits to break up the fat. These techniques are particularly effective for areas with thin and loose skin such as the arms or inner thighs.

A revolutionary new concept called BodyTite from the medical device company Invasix will soon be available for use in Australia. This involves using a sophisticated liposuction cannula with a radiofrequency (RF) tip which literally melts away the fat as it is aspirated.

'A revolutionary new liposuction technique will soon be available for use in Australia'

Loose skin is a common problem associated with liposuction results. However, by utilising RF energy, the BodyTite simultaneously tightens skin as it melts fat, and can achieve dramatic skin tightening results. In addition, the device's special bio-feedback sensors further enhances its excellent safety features.

Lipo what?

What do we really call this procedure? Liposuction is the term in common use and it does cover the essence of what is being performed. Sometimes we hear the term 'liposculpture' or 'lipostructure' and although these do give an impression of shaping and developing form and balance, the medically correct term is 'lipoplasty.' Most commonly the ubiquitous 'lipo' fits the bill and gets the message across.

In addition to removing areas of excess fat, lipoplasty also encompasses fat grafting. This process offers a great method of facial rejuvenation and can restore youthful contours and full, healthy looking cheeks.

I'll have what she's having

Body contouring solutions have become a lot more popular these days because of increased awareness and social acceptability. Baby boomers are not slowing down. They still have a zest for life and have a desire to look their best and maintain their active lifestyles.

The younger set is more interested in trimming and refining their shape. Results tend to be more superior in this younger age group as their skin has a better ability to contract and tighten.

An increasing number of males are also seeking help to achieve a trimmer figure. A 'six-pack' is possible with liposuction, using a special technique called 'etching', and is growing in popularity.

Liposuction does not replace the need for healthy living, but let's face it. It's increasingly difficult to keep the scales balanced these days and sometimes a little help is needed.



BEFORE



AFTER neck liposuction by Dr Flynn



BEFORE



AFTER neck liposuction by Dr Flynn



BEFORE



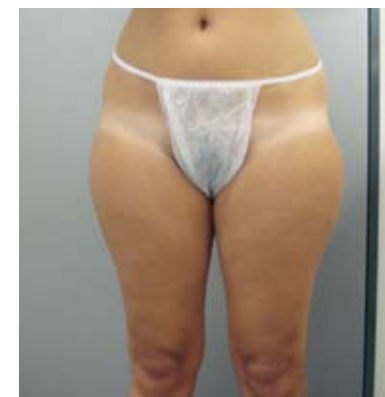
AFTER liposuction by Dr Flynn



BEFORE



AFTER liposuction by Dr Flynn



BEFORE



AFTER liposuction by Dr Flynn



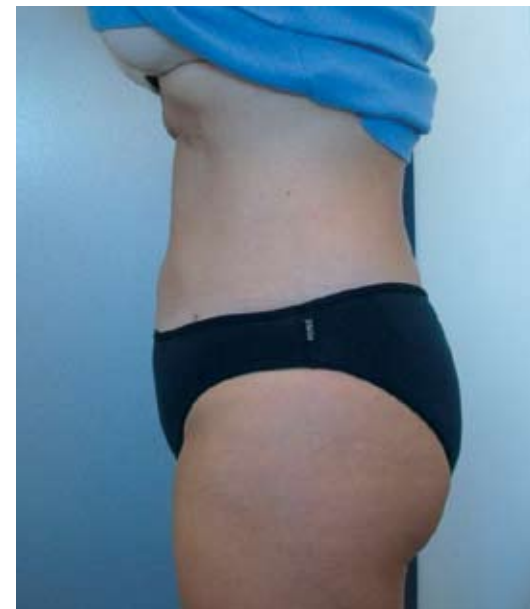
BEFORE



AFTER liposuction by Dr Flynn



BEFORE



AFTER liposuction by Dr Flynn

Dr John Flynn
cosmedic
& skin clinic



BODY BALANCE

Reshaping can create the look you want

Breast augmentation can enhance the natural size and shape of your breasts

REFINEMENT IN COSMETIC SURGERY

With breast augmentation, your natural form can be enhanced and complemented. This results in a balanced and symmetrical effect that suits your individual body type and achieves a feminine silhouette.

LIPOSUCTION TO SHAPE AND CONTOUR

With liposuction, Dr John Flynn can reshape and contour your form to achieve balance between your body's proportions. Areas such as the abdomen and inner and outer thighs respond particularly well to this procedure.



Dr John Flynn

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